



## ONLINE SUPPORT GROUP

SUPPORT FOR FAMILY/FRIEND CAREGIVERS, CARING FOR SOMEONE 55+.

THIS IS AN OPEN DROP IN SUPPORT GROUP FOR CAREGIVERS INVOLVED IN OUR PROGRAM.

WE PROVIDE A SAFE WELCOMING SPACE FOR CAREGIVERS TO TALK ABOUT THE JOYS AND CHALLENGES OF CAREGIVING.

IF YOU ARE A FAMILY/FRIEND CAREGIVER AND ARE INTERESTED IN JOINING, PLEASE CONTACT US.



# ONLINE CAREGIVER SUPPORT

EVERY SECOND WEDNESDAY OF THE MONTH FROM 6:30-8:00PM

EMAIL [INFO@WKBCAREGIVER.ORG](mailto:INFO@WKBCAREGIVER.ORG) OR CALL 1-888-212-2337 TO REGISTER OR TO REQUEST MORE INFORMATION ABOUT OUR PROGRAM.



**United Way**  
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island